

Getting Started with My Research

Now that you have done some general career research, it is time to make your research more personal. Look at the example below to see how Beth starts her personal career research starting from her *What Does this Mean?* chart.

Self-Knowledge	Information	Clues to my Career
Likes/Interests	Video games, canoeing, being with friends	Careers with problem solving , hand-eye coordination, physical activity , working with people
Dislikes	History, chores, sitting through class	Not careers that involve much sitting or doing mindless, routine work
Skills	Computer skills, social skills, swimming	Careers that work with computers, people , or physical activity
What am I Good at?	Math, sports, talking, listening, music	Careers with math/logic/ problem solving , working with people , physical activity .
Transferable Skills	Time management, communication, presenting	Teaching , customer service , I can put these skills on my resume
Motivations	Money, happiness, learning new things, solving problems	Careers that make me a lot of money, I enjoy, involve problem solving
Work Conditions	Teamwork, outdoors, flexible	Working with people , working outdoors (parks and rec?), not structured
Values	Family, money, outdoors	Have enough time for family, make money, work outdoors
Learning Styles	Visual, kinaesthetic	I learn and work best visually and while doing (active workplace) .
Weaknesses	Impatient, writing, history	Not work that involves much writing or patience
Success	Enjoying what I do	I have to enjoy and be interested in what I do (look back to interests).

- Beth highlights things in her chart that keep reoccurring (such as working with people, problem solving, and working in a physically active career).
- Beth does the following internet searches (of course, doing at least two searches for each topic):
 - List of careers working with people and Careers that involve working with people**
 - Careers that use problem solving and careers for problem solvers**
 - Active careers and careers that involve physical activity**
- Beth looks through the different careers listed. She writes down the ones that are interesting to her.

Now it's your turn!

- 1) Highlight the things in your chart that are listed many times or that you think are important.
- 2) List at least four internet searches you will do:

- 3) Add interesting careers you find to your *Interesting Careers* chart.